Introduction

The Emergency Admission Likelihood Index, was first piloted in the UK, by Lyons et al. 2007. Devised for Primary Care, the aim of EARLI was to assess the likelihood of a patient being admitted to hospital, and providing proactive annualized risk reduction for very high and high risk patients.

Blueprint for Primary Care

The EARLI study would not have been possible without the support and commitment of the staff and management of MPHC, and the work the PHNs and community nurses. This collaboration will lead to better care and practice for the patients of MPHC.

Over the past year MPHC have provided a GP, access to their patients and vision to make the EARLI study a reality. The HSE have contributed greatly through the work of the PHN’s and other services. This collaboration is a blueprint for the delivery of better Primary Care Practice.

Methods

In September, 2011 over 1,100 surveys were posted to patients over 70 years of age, and registered with Mallow Primary Healthcare Centre. 80% response rate, with 120 surveys void, leaving 760 valid surveys, of which with a total of 76 patients in the Very High Risk (n=21) and High Risk Groups (n=55) emerged and these groups were supported by the intervention team, from December,2011-December,2012. All patients are still receiving additional support if applicable, desired and warranted.

Oldest Patient- 93 years, Youngest Patient- 73 years
Average- 75 years

Results

Very High Risk Patients
There was a 50% reduction of hospital admissions. Comparing Sep, 2010-2011 (n=18) when compared to the intervention period, of Dec-April (n=4), (est n=9 for Dec,2011-2012)

High Risk Patients
Early review of the data suggests that there has been an 30% reduction in high risk category, when compared between Sep, 2010-2011, and April-December 2012.

Very High and High Risk Patients
These results, suggest that EARLI pilot study will achieve an overall reduction of 30%-50% in emergency admissions for both the very high and high risk group, in effect, this patients could be considered now as medium and low risk as they receive significant and ongoing primary and community care.

Risk Reduction and Savings through MPHC AND HSE COLLABORATION

Presently, there is approximately 400,000 persons over the age of 70, of which, 40,000 (10%) are Very High and High Risk of emergency hospitalisation, and this figure will increase over the next 20-30 years. If the EARLI pilot was implemented throughout Ireland, it is possible savings of between €60 million and €108 million could be achieved annually. This is based on a reduction of hospital admission, with an average length of stay of 5 days, with a cost of €1,000, giving 60-108 million (30%-50% reduction). The €1,000 cost is for treatment in hospital cost, it does not include capital costs of the hospital, so this estimated figure could be significantly higher.

Limitation to pilot: Limited to single site, and PCT is collocated.

This pilot has shown to be effective in order to be implemented in other PCTs, in rural, urban, rural/urban, and rural/urban PCTs. Needs to be rolled out nationally, and annually to see overall benefits, to patients and providers.

Conclusions

The potential for savings of between €60-108 million will only be realised if the pilot is implemented throughout Ireland. In this pilot we have proven the value of collaboration, and designed an intervention team structure. For primary care to achieve maximum utilisation, proactive annualized risk reduction is key, and as this collaborative pilot has shown, this is achievable, replicable and deliverable within increasingly vital primary care network.